

Religious Education Knowledge Organiser
Year 5
Autumn (i)

Why is the natural world significant to Hindus?

Substantive Knowledge - To know that ahimsa is the belief that Hindus should respect all living things and believe in nonviolent protest. This is why many Hindus are vegetarian. The 4 Ashramas are the stages in a Hindu's life. Hindus believe in the universe's endless cycle of creation, preservation and destruction which the 4 Ashramas mirror.

How does nature influences Hindus?

Hindus believe that God can be seen in a person or an animal. They believe that God is in everybody. They also believe that some rivers are sacred and have the power to wash away sins. Hindus believe that all living things have souls with cows being considered as sacred. This is why committed Hindus are vegetarians. Ahimsa more commonly pronounced as ahinsa, is the practice of non-violence and compassion towards any living being.

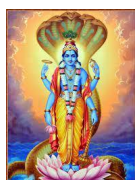


Ahimsa

Many forms of Brahma.



Brahma



Vishnu



Shiva

The three main ones are

Brahma the creator - in Hindu creator stories , Brahma brought the universe into being.

Vishnu the preserver - god of light and enlightenment

Shiva the destroyer - often pictured dancing and with four arms.



Four stages of a Hindus life.

The First Ashrama: "Brahmacharya" or the Student Stage

The Second Ashrama: "Grihastha" or the Householder Stage

The Third Ashrama: "Vanaprastha" or the Hermit Stage

The Fourth Ashrama: "Sannyasa" or the Wandering Ascetic Stage

The Four Stages Of Life In Hinduism	
<p>Brahmacharya (The Celibate Student)</p>  <ul style="list-style-type: none">• Duration: 1 - 25 years (Approx)• Bachelor, Learning Phase, Student life	<p>Grihastha (The Householder)</p>  <ul style="list-style-type: none">• Duration: 26 - 50 years (Approx)• Married life, Duties of maintaining household
<p>Vanaprastha (The Hermit In Retreat)</p>  <ul style="list-style-type: none">• Duration: 51 - 75 years (Approx)• Retirement Phase, Handing over responsibilities to next generation	<p>Sannyasa (The Wandering Recluse)</p>  <ul style="list-style-type: none">• Duration: 76 years onwards• Wandering Ascetic Stage, Phase of giving up material desires

The universe's endless cycle of creation, preservation and destruction.

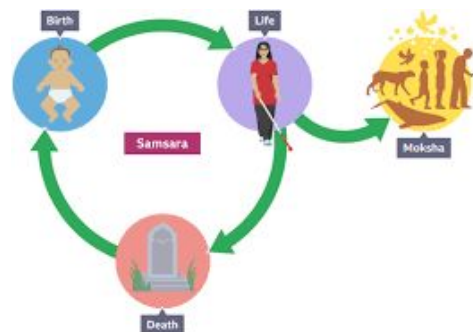
The soul (atman) is born into a particular place in society, with duties to fulfil (dharma).

Good or bad karma attaches to the soul, depending on a person's choices.

At death, the soul is released from the body.

After death, the soul is reincarnated. This reincarnation is considered good or bad, depending on karma.

Moksha is the ultimate goal for Hindus. They escape from being born again and enter blissful union with Brahman.



Endless cycle of life, preservation and death.

How are these all connected?

Hindus should care for all other living beings, such as plants, trees and animals. This means treating them with respect and looking after the environment. They should also worship and pray so that they are thinking about God. They should read and learn the scriptures so that they can understand their religion and its teachings better. Hindus should also consider how they are treating people who are in need of help and support, and they should look after them in the best way they can. They should live their lives with the ultimate aim of achieving freedom from samsara, or moksha. All Hindus should live their lives in such a way that they are always considering moral choices and making the best decisions they can. They should live their lives with the ultimate aim of achieving freedom from samsara, or moksha.

Portable knowledge - What we need to know.

Ahimsa is the belief that Hindus should respect all living things and believe in nonviolent protest. Many are vegetarian. There are 4 stages in a Hindu's life. Hindus believe in the universe's endless cycle of creation, preservation and destruction which the 4 Ashramas mirror.

Core Vocabulary

Brahma - Hindu God - the Creator

Ashramas - four stages of a Hindu's life

Preservation - keeping something/someone alive

Ahimsa - principle of non-violence, in thoughts, words and actions.